



FROM THE TOP

ON NPR

As of May 2009, **From the Top** can be heard on the following radio stations (confirm air date and time with local station). Stations listed ***bold/italic*** indicate commercial broadcast station.

Market	Rank	CL	Frequency	Days	Start Time
Fairbanks, AK		KUAC-FM	89.9	SUN	11:00 AM
Homer, AK	155	KBBI-AM	890	SUN	12:00 PM
Juneau, AK	207	KRNN-FM	102.7	SUN	9:00 AM
Kenai, AK	155	KDLL-FM	91.9	SUN	12:00 AM
Kodiak, AK	0	KMXT-FM	100.1	SUN	10:00 AM
Petersburg, AK	0	KFSK-FM	100.9	SUN	7:00 PM
St. Paul Island, AK	0	KUHB-FM	91.1	SUN	10:00 AM
Dothan, AL	172	WRWA-FM	88.7	SUN	1:00 PM
Huntsville, AL	83	WLRH-FM	89.3	SAT	1:00 PM
Mobile, AL	63	WHIL-FM	91.3	SAT	12:00 PM
Muscle Shoals, AL	83	WQPR-FM	88.7	SUN	5:00 PM
Selma, AL	114	WAPR-FM	88.3	SUN	5:00 AM
Troy, AL	114	WTSU-FM	89.9	SUN	1:00 PM
Tuscaloosa, AL	39	WUAL-FM	91.5	SUN	5:00 PM
El Dorado, AR	134	KBSA-FM	90.9	SAT	11:00 AM
Grand Canyon, AZ	16	KNAG-FM	90.3	SUN	12:00 PM
Page, AZ	16	KNAD-FM	91.7	SUN	12:00 PM
Phoenix, AZ	16	KBAQ-FM	89.5	SUN	7:00 PM
Show Low, AZ	16	KNAA-FM	90.7	SUN	12:00 PM
Chico, CA	133	KCHO-FM	91.7	THU	8:00 PM
Groveland, CA	19	KXSR-FM	91.7	SUN	3:00 PM
Los Angeles, CA	2	KUSC-FM	91.5	SUN	6:00 PM
Palm Springs, CA	158	KPSC-FM	88.5	SUN	6:00 PM
Redding, CA	133	KFPR-FM	88.9	THU	8:00 PM
Rio Dell/Eureka, CA	195	KNHT-FM	107.3	SAT	2:00 PM/3:00 PM
Rhonert Park, CA	5	KRCB-FM	91.1	SUN	4:00 PM
Sacramento, CA	19	KXPR-FM	90.9	SUN	3:00 PM
San Francisco, CA	6	KDFC-FM	102.1	SUN	7:00 PM
Santa Barbara, CA	213	KQSC-FM	86.7	SUN	6:00 PM
Thousand Oaks, CA	2	KDSC-FM	91.1	SUN	6:00 PM
Yreka, CA	140	KNYR-FM	91.3	SAT	2:00 PM/3:00 PM
Colorado Springs, CO	94	KCME-FM	88.7	SUN	6:00 PM
Denver, CO	22	KVOD-FM	88.1	SUN	12:00 PM
Delta, CO	96	KPRU-FM	103.3	SUN	12:00 PM
Pueblo, CO	251	KCFP-FM	91.9	SUN	12:00 PM
Glenwood Springs, CO	387	KVOV-FM	90.5	SUN	12:00 PM
Vail, CO	394	KPRE-FM	89.9	SUN	12:00 PM
Washington DC	8	WETA-FM	90.9	SUN	6:00 PM
Dover, DE	4	WRTX-FM	91.7	SAT	12:30 PM
Ft. Meyers, FL	76	WGCU-FM	90.1	SAT	8:00 PM
Fort Pierce, FL	40	WQCS-FM	88.9	SUN	2:00 PM
Marco, FL	76	WMKO-FM	91.7	SAT	8:00 PM
West Palm Beach, FL	40	WXEL-FM	90.7	SAT	12:00 PM/2:00 PM

Albany, GA	147	WUNV-FM	91.7	SUN	1:00 PM
Athens, GA	9	WUGA-FM	91.7	TUE	8:00 PM
Atlanta, GA	9	WABE-FM	90.1	SUN	2:00 PM
Atlanta, GA	126	WJSP-FM	88.1	SUN	1:00 PM
Augusta, GA	114	WACG-FM	90.7	SUN	1:00 PM
Brunswick, GA	53	WWIO-FM	89.1	SUN	1:00 PM
Carrollton, GA	9	WWGC-FM	90.7	SUN	1:00 PM
Columbus, GA	126	WTJB-FM	91.7	SUN	2:00 PM
Dahlonega, GA	9	WNGU-FM	89.5	SUN	1:00 PM
Demorest, GA	9	WPPR-FM	88.3	SUN	1:00 PM
Fort Gaines, GA	126	WJWV-FM	90.9	SUN	1:00 PM
Macon, GA	121	WMUM-FM	89.7	SUN	1:00 PM
Rome, GA	9	WGPB-FM	97.7	SUN	1:00 PM
Savannah, GA	99	WSVH-FM	91.1	SUN	1:00 PM
St. Marys, GA	51	WWIO-AM	1190	SUN	1:00 PM
Thomasville, GA	109	WFSL-FM	90.7	SUN	5:00 PM/7:00 PM
Tifton, GA	147	WABR-FM	91.1	SUN	1:00 PM
Valdosta, GA	113	WWET-FM	91.7	SUN	1:00 PM
Waycross, GA	53	WXVS-FM	90.1	SUN	1:00 PM
Hilo, HI	72	KANO-FM	91.1	SAT	10:00 AM
Honolulu, HI	72	KHPR-FM	88.1	SAT	10:00 AM
Wailuku, HI	72	KKUA-FM	90.7	SAT	10:00 AM
Ames, IA	70	WOI-FM	90.1	SAT	4:00 PM/SUN 5:00 PM
Cedar Falls, IA	89	KHKE-FM	89.5	SAT	4:00 PM/SUN 5:00 PM
Cedar Falls, IA	239	KHKE-FM	89.5	THU	7:00 PM
Iowa City, IA	89	KSUI-FM	91.7	SAT	4:00 PM/SUN 5:00 PM
Okoboji, IA	144	KOJI-FM	90.7	SAT	12:00 PM
Sioux City, IA	144	KWIT-FM	90.3	SAT	12:00 PM
Boise, ID	121	KBSU-FM	90.3	SUN	1:00 PM
Bonnars Ferry, ID	78	KIBX-FM	92.1	SAT	1:00 PM
McCall, ID	121	KBSM-FM	91.7	SUN	1:00 PM
Pocatello, ID	166	KISU-FM	91.1	SUN	11:00 AM
Twin Falls, ID	188	KBSW-FM	91.7	SUN	1:00 PM
Chicago, IL	3	WFMT-FM	98.7	SUN	7:00 PM
Peoria, IL	116	WCBU-FM	89.9	SAT	8:00 PM/SUN 5:00 PM
Urbana, IL	225	WILL-FM	90.9	SAT	11 AM/FRI 3PM
Champaign, IL	225	WILL-FM	101.1	SAT	11 AM/FRI 3PM
Danville, IL	225	WILL-FM	106.5	SAT	11 AM/FRI 3PM
Fort Wayne, IN	104	WBNI-FM	94.1	SAT	11:00 AM/SUN 5:00 PM
Indianapolis, IN	25	WFYI-FM	90.1	SUN	7:00 PM
Marengo, IN	50	WBRO-FM	89.9	SUN	5:00 PM
Orland, IN	106	WCKZ-FM	91.3	SAT	11:00 AM/SUN 5:00 PM
West Lafayette, IN	190	WBAA-FM	101.3	SUN	4:00 PM
Emporia, KS	138	KANH-FM	89.7	SUN	9:00 AM
Lawrence, KS	31	KANU-FM	91.5	SUN	9:00 AM
Olsburg, KS	138	KANV-FM	91.3	SUN	9:00 AM
Bowling Green, KY	181	WKYU-FM	88.9	SUN	7:00 PM
Corbin, KY	66	WEKF-FM	88.5	SUN	12:00 PM
Elizabethtown, KY	50	WKUE-FM	90.9	SUN	7:00 PM
Hazard, KY	66	WEKH-FM	90.9	SUN	12:00 PM
Henderson, KY	97	WKPB-FM	89.5	SUN	7:00 PM
Louisville KY	50	WUOL-FM	90.5	THU	8:00 PM/SUN 6:00 PM
Louisville KY	53	WUOL-FM	90.5	THU	8:00 PM
Murray, KY	77	WKMS-FM	91.3	MON	11:00 AM
Richmond, KY	66	WEKU-FM	88.9	SUN	12:00 PM
Somerset, KY	66	WDCL-FM	89.7	SUN	8:00 PM
Alexandria, LA	179	KLSA-FM	90.7	SAT	11:00 AM
Lafayette, LA	124	KRVS-FM	88.7	TUE	7:00 PM/WED 1:00 PM

Shreveport, LA	79	KDAQ-FM	89.9	SAT	11:00 AM
Amherst, MA	105	WFCR-FM	88.5	SUN	2:00 PM
Boston, MA	6	WGBH-FM	89.7	SUN	6:00 PM
Hagerstown, MD	8	WGMS-FM	89.1	SUN	6:00 PM
Salisbury, MD	153	WSCL-FM	89.5	SUN	5:30 PM
Bangor, ME	158	WMEH-FM	90.9	SUN	8:00 PM
Calais, ME	158	WMED-FM	89.7	SUN	8:00 PM
Camden, ME	80	WMEP-FM	90.5	SUN	8:00 PM
Fort Kent, ME	205	WMEF-FM	106.5	SUN	8:00 PM
Portland, ME	80	WMEA-FM	90.1	SUN	8:00 PM
Presque Isle, ME	205	WMEM-FM	106.1	SUN	8:00 PM
Waterville, ME	80	WMEW-FM	91.3	SUN	8:00 PM
East Jordan, MI	117	WICV-FM	100.9	TUE	7:00 PM/SAT 5:00 PM
Interlochen, MI	117	WIAA-FM	88.7	TUE	7:00 PM/SAT 5:00 PM
Kalamazoo, MI	38	WMUK-FM	102.1	THU	8:00 PM/FRI 2:00 PM
Mackinaw City, MI	112	WIAB-FM	88.5	TUE	7:00 PM/SAT 5:00 PM
Chillicothe, MO	31	KRNW-FM	88.9	SUN	6:00 PM
Maryville, MO	189	KXCV-FM	90.5	SUN	6:00 PM
Rolla, MO	21	KMST-FM	88.5	MON	12:00 PM/TUE 7:00 PM
St. Louis, MO	21	KFUO-FM	99.1	MON	7:00 PM
Billings, MT	170	KEMC-FM	91.7	THU	11:00 AM/SUN 11:00 AM
Bozeman, MT	193	KBMC-FM	102.1	THU	11:00 AM/SUN 11:00 AM
Butte, MT	190	KAPC-FM	91.3	THU	7:30 PM
Great Falls, MT	187	KGPR-FM	89.9	THU	7:30 PM
Hamilton, MT	170	KUFN-FM	91.9	THU	7:30 PM
Helena, MT	207	KUHM-FM	91.7	THU	7:30 PM
Kalispell, MT	170	KUKL-FM	89.9	THU	7:30 PM
Miles City, MT	170	KYPR-FM	90.7	THU	11:00 AM/SUN 11:00 AM
Missoula, MT	169	KUFM-FM	89.1	THU	7:30 PM
Ashville, NC	36	WCQS-FM	88.1	FRI	7:00 PM/SUN 1:00 PM
Davidson, NC	27	WDAV-FM	89.9	SAT	5:00 PM
Franklin, NC	36	WFQS-FM	91.3	FRI	7:00 PM/SUN 1:00 PM
Bismarck, ND	152	KCND-FM	90.5	SUN	9:00 AM
Dickinson, ND	152	KDPR-FM	89.9	SUN	8:00 AM
Fargo, ND	119	KDSU-FM	91.9	SUN	9:00 AM
Grand Forks, ND	119	KUND-FM	89.3	SUN	9:00 AM
Jamestown, ND	119	KPRJ-FM	91.5	SUN	9:00 AM
Minot, ND	152	KMPR-FM	88.9	SUN	9:00 AM
Williston, ND	152	KPPR-FM	89.5	SUN	9:00 AM
Omaha, NE	75	KVNO-FM	90.7	SAT	6:00 PM
Atlantic City, NJ	4	WRTQ-FM	91.3	SAT	12:30 PM
Cape May, NJ	4	WWCJ-FM	89.1	SUN	4:00 PM
Dover Township, NJ	1	WWNJ-FM	99.1	SUN	4:00 PM
Trenton, NJ	4	WWFM-FM	89.1	SUN	4:00 PM
Albuquerque, NM	47	KHFM-FM	95.5	SUN	3:00 PM
Elko, NV	35	KNCC-FM	91.5	MON	2:00 PM
Reno, NV	110	KUNR-FM	88.7	MON	2:00 PM
Binghamton, NY	156	WSKG-FM	89.3	WED	8:00 PM
Blue Mtn. Lake, NY	57	WXLH-FM	91.3	SUN	3:00 PM/4:00 PM
Buffalo, NY	47	WNED-FM	94.5	SAT	8:00 AM
Canton, NY	176	WSLU-FM	89.5	SUN	3:00 PM/4:00 PM
Corning, NY	173	WSQE-FM	91.1	WED	8:00 PM
Hornell, NY	173	WSQA-FM	88.7	WED	8:00 PM
Houghton, NY	44	WJSL-FM	90.3	SUN	5:00 PM
Ithaca, NY	81	WSQG-FM	90.9	WED	8:00 PM
Jamestown, NY	47	WNJA-FM	89.7	SAT	8:00 AM
Malone, NY	90	WSLO-FM	90.9	SUN	3:00 PM/4:00 PM
New York, NY	1	WQXR-FM	96.3	SAT	7:00 PM
North Creek, NY	57	WXLG-FM	89.9	SUN	3:00 PM/4:00 PM
Oneonta, NY	168	WSQC-FM	91.7	WED	8:00 PM

Peru, NY	90	WXLU-FM	88.3	SUN	4:00 PM
Poughkeepsie, NY	1	WRHV-FM	88.7	SAT	5:00 PM
Rochester, NY	71	WXXI-FM	91.5	SUN	5:00 PM
Saranac Lake, NY	90	WSLL-FM	90.5	SUN	3:00 PM/4:00 PM
Schenectady, NY	57	WMHT-FM	89.1	SAT	5:00 PM
Syracuse, NY	81	WCNY-FM	91.3	SUN	7:00 PM
Utica, NY	168	WUNY-FM	89.5	SUN	7:00 PM
Watertown, NY	176	WJNY-FM	90.9	SUN	7:00 PM
Watertown, NY	176	WSLJ-FM	88.9	SUN	3:00 PM/4:00 PM
Bryan, OH	68	WGBE-FM	90.9	SUN	12:00 PM
Cincinnati, OH	32	WGUC-FM	90.9	SAT	9:00 AM
Cleveland OH	16	WCLV-FM	104.9	SAT	5:00 PM
Columbus, OH	34	WOSU-FM	89.7	SUN	6:00 PM/7:00 PM
Coshocton, OH	34	WOSE-FM	91.1	SUN	6:00 PM/7:00 PM
Defiance, OH	68	WGDE-FM	91.9	SUN	12:00 PM
Lima, OH	191	WGLE-FM	90.7	SUN	12:00 PM
Mansfield, OH	17	WOSV-FM	91.7	SUN	6:00 PM/7:00 PM
Marion, OH	34	WOSB-FM	91.1	SUN	6:00 PM/7:00 PM
Portsmouth, OH	61	WOSP-FM	91.5	SUN	6:00 PM/7:00 PM
Toledo, OH	68	WGTE-FM	91.3	SUN	12:00 PM
Edmond, OH	45	KCSC-FM	90.1	SUN	2:00 PM
Lawton, OK	265	KCCU-FM	89.3	SUN	6pm
McAlester, OK	59	KBCW-FM	91.9	SUN	2:00 PM
Tulsa, OK		KWTU-FM	88.7	SUN	6:00 PM
Ashland, OR	140	KSOR-FM	90.1	SAT	2:00 PM/3:00 PM
Ashland, OR	140	KSRG-FM	88.3	SAT	2:00 PM/3:00 PM
Hood River, OR	23	KQHR-FM	90.1	FRI	6:00 PM
Klamath Falls, OR	141	KLMF-FM	88.5	SAT	2:00 PM/3:00 PM
Myrtle Point, OR	123	KOOZ-FM	94.1	SAT	2:00 PM/3:00 PM
Portland, OR	23	KBPS-FM	89.9	FRI	6:00 PM
Roseburg, OR	123	KSRS-FM	91.5	SAT	2:00 PM/3:00 PM
Ephrata, PA	46	WRTL-FM	88.1	SAT	12:30 PM
Harrisburg, PA	46	WITF-FM	89.5	TUE	7:00 PM
Harrisburg, PA	46	WJAZ-FM	91.7	SAT	12:30 PM
Johnstown, PA	96	WQEJ-FM	89.7	SAT	5:00 PM
Mt. Pocono, PA	52	WRTY-FM	91.1	SAT	12:30 PM
Pen Argyl, PA	4	WWPJ-FM	89.5	SUN	4:00 PM
Philadelphia, PA	4	WRTI-FM	90.1	SAT	12:30 PM
Pittsburgh, PA	21	WQED-FM	89.3	SAT	5:00 PM
Charleston, SC	87	WSCI-FM	89.3	MON	7:00 PM/SUN 3:00 PM
Columbia, SC	90	WLTR-FM	91.3	MON	7:00 PM/SUN 3:00 PM
Greenville, SC	59	WEPR-FM	90.1	MON	7:00 PM/SUN 3:00 PM
Brookings, SD	112	KESD-FM	88.3	SUN	5:00 PM
Faith, SD	175	KPSD-FM	97.1	SUN	4:00 PM
Lowry, SD	112	KQSD-FM	91.9	SUN	5:00 PM
Martin, SD	175	KZSD-FM	102.5	SUN	4:00 PM
Pierpont, SD	112	KDSD-FM	90.9	SUN	5:00 PM
Rapid City, SD	175	KBHE-FM	89.3	SUN	4:00 PM
Reliance, SD	112	KTSD-FM	91.1	SUN	5:00 PM
Sioux Falls, SD	112	KCSD-FM	90.9	SUN	5:00 PM
Vermillion, SD	113	KUSD-FM	89.7	SUN	5:00 PM
Collegedale, TN	86	WSMC-FM	90.5	MON	10:00 AM
Johnson City, TN	93	WETS-FM	89.5	MON	9:00 PM/FRI 10:00 AM
Knoxville, TN	62	WUOT-FM	91.9	SUN	6:00 PM
Abilene, TX	162	KACU-FM	89.7	TUE	9:00 PM/SAT 1:00 PM
Austin, TX	54	KMFA-FM	89.5	SAT	11:00 AM
Beaumont, TX	136	KVLU-FM	91.3	SUN	1:00 PM
Corpus Christi, TX	129	KEDT-FM	90.3	FRI	7:00 PM
Dallas, TX	7	WRR-FM	101.1	SAT	9:00 AM
El Paso, TX	76	KTEP-FM	88.5	SUN	11:30 AM

Houston, TX	10	KUHF-FM	88.7	SUN	6:00 PM
Ingram, TX	37	KTXI-FM	90.1	SAT	10:00 AM
Lubbock, TX	148	KOHM-FM	89.1	SAT	10:00 AM
Redland, TX	103	KLDN-FM	88.9	SAT	11:00 AM
San Antonio, TX	37	KPAC-FM	88.3	SAT	10:00 AM
Victoria, TX	204	KVRT-FM	90.7	FRI	7:00 PM
Waco, TX	94	KWBU-FM	103.3	TUE	7:00 PM/SUN 2:00 PM
Provo, UT	35	KBYU-FM	89.1	SAT	6:00 PM
Norfolk, VA	42	WHRO-FM	90.3	SAT	7:00 PM
Norwich, VT	90	WNCH-FM	88.1	SUN	5:00 PM
Schuyler Falls, VT	90	WOXR-FM	90.9	SUN	4:00 PM
Sunderland, VT		WVTQ-FM	95.1	SUN	4:00 PM
Seattle, WA	14	KING-FM	98.1	SUN	9:00 AM
Spokane, WA	78	KPBX-FM	91.1	SAT	12:00 PM
SIRIUS SATELLITE RADIO		NPR NOW	134	SAT	10:00 PM (ET)
SIRIUS SATELLITE RADIO		NPR NOW	134	SUN	10:00 PM (ET)

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